

Week one

W/C 17/04, 08/05, 05/06, 26/06, 17/07, 04/09, 25/09, 16/10

Monday

Veggie Mince & Vegetable Pie (v)

A pastry topped vegetarian pie served with new potatoes

on the side...

Fresh Carrots
Garden Peas

Neapolitan Cheesy Pasta (v)

Wholegrain pasta served with a tomato Neapolitan sauce

for dessert...

Soft Cheese & Crackers

Tuesday

Pasta Bolognese

Organic beef bolognese served on a bed of wholegrain pasta

on the side...

Sweetcorn
Roasted Vegetables

Mozzarella & Tomato Pizza (v)

Freshly made pizza served with oven baked wedges

for dessert...

Crunchy Plum
Crumble & Custard

Wednesday

Roast Turkey

Farm Assured roasted sliced turkey breast served with crispy roast potatoes & gravy

on the side...

Fresh Carrots
Seasonal Cabbage

Quorn Roast (v)

Sliced roasted Quorn served with crispy roast potatoes & gravy

for dessert...

Fruity Ginger Cake

Thursday

BBQ Chicken

Farm Assured fresh chicken served in BBQ sauce with sweet potato mash

on the side...

House Coleslaw
Fresh Broccoli

Vegetarian Korma (v)

Cauliflower & chickpea korma served with basmati rice

for dessert...

Oatie Biscuit

Friday

Battered Fish with Chips

Crispy battered pollock

on the side...

Baked Beans
Garden Peas

BBQ Quorn & Bean Wrap with Chips

(v) BBQ beans & vegetables in a flour tortilla

for dessert...

Chocolate & Mandarin Sponge
with Chocolate Sauce

Week two

W/C 24/04, 15/05, 12/06, 03/07, 11/09, 02/10

Vegetarian Meatballs (v)

Linda McCartney meatballs served in a home-made tomato sauce with wholegrain rice

on the side...

Fresh Broccoli
Crunchy Salad

Sweet Potato Gumbo (v)

Sweet potato stew with peas and wholegrain rice

for dessert...

Strawberry Frozen
Yoghurt

Bangers & Mash

Farm Assured pork sausages served with creamy potato and gravy

on the side...

Fresh Carrots
Roasted Vegetables

Baked Bean & Cheese Bubble & Squeak (v)

A tasty new vegetarian potato, carrot, baked beans & cheese patty

for dessert...

Fruity Flapjack

Roast Beef

Traditionally roasted sliced beef served with crispy roast potatoes & gravy

on the side...

Garden Peas
Seasonal Cabbage

Lentil Roast (v)

A vegetarian roast served with crispy roast potatoes & gravy

for dessert...

Pineapple Upside
Down Cake with
Custard

Jerk Chicken

Farm Assured fresh chicken in a mild Caribbean jerk sauce served with wholegrain rice & peas

on the side...

Fresh Carrots
Fresh Broccoli

Mac 'N' Cheese (v)

Classic short cut macaroni served in a creamy cheese sauce

for dessert...

Mini Brownie with
Banana Slices

Fish Fingers with Chips

Whole fillet white fish fingers in golden breadcrumbs

on the side...

Baked Beans
Sweetcorn

Vegetable Lasagne with Chips (v)

Layers of pasta & vegetables topped with a cheesy sauce

for dessert...

Fruit in Jelly

Week three

W/C 01/05, 22/05, 19/06, 10/07, 18/09, 09/10

Cheesy Hotpot (v)

Cheese & potato layered bake served with oven baked wedges

on the side...

Fresh Broccoli
Sweetcorn

Tomato & Basil Pasta (v)

Rich tomato & basil sauce with wholegrain pasta

for dessert...

Chocolate Crispy

Chunky Chicken Bite

Homemade breaded Farm Assured chicken with pasta salad

on the side...

Garden Peas
Tomato Salsa

Cheese & Red Onion Quiche (v)

Home-made quiche served with pasta salad

for dessert...

Raspberry Loaf Cake

Roast Pork

Free range roasted sliced pork served with crispy roast potatoes & gravy

on the side...

Fresh Carrots
Seasonal Cabbage

Cauli Corn Bake (v)

Tasty cauliflower & creamed corn bake served with crispy roast potatoes & gravy

for dessert...

Ice Cream Pot

Beef Lasagne

Organic beef lasagne served with a garlic bread wedge

on the side...

Garden Peas
Crunchy Salad

Vegetable Curry (v)

A mild vegetable curry served with basmati rice

for dessert...

Shortbread & Fruit Slices

Crispy Salmon Fillet with Chips

Baked breaded salmon fillet

on the side...

Sweetcorn
Baked Beans

Veggie Burger with Chips (v)

Quorn burger served in a seedless bap with tomato relish

for dessert...

Oatie Apple Crumble
with Custard

East Sussex
County Council



School meals are free to all pupils in Reception, year one & year two.
Contact us:
01435 865310



If you don't fancy dessert, you can **always** enjoy fresh fruit or yoghurt.



Jacket potatoes with various fillings **available daily**.

Chartwells
EAT LEARN LIVE