



14.01.2018

Dear Parents and Carers

As you may be aware, through newsletters, we are introducing an approach called 'Thrive'. Thrive is a specific way of working with all children that helps to develop children's social and emotional wellbeing, enabling them to engage with life and learning. It supports them in becoming more self-assured, resilient and capable in a variety of situations.

Positive well-being is at the heart of what makes a person happy and helps enable them to succeed. Thrive is an ethos as well as a programme and the way we intend to approach one another as a school community is centred around the concepts of Thrive.

Thrive is based on up to date brain science and research into child development and helps staff in school to adapt their approach to individual children to build self-esteem, well-being and behaviour.

The Thrive approach normally begins with a whole class, computerised screening, where teachers answer a series of questions about each child in their class. The computer programme then identifies any children who would benefit from a more detailed assessment, which in turn suggests ideas, activities and strategies to support the individual child. Sometimes children will be identified without the initial screening depending on their own needs and individual situation.

We believe that this approach can be of huge benefit to all our children and so we are asking all parents and carers for permission to carry out a Thrive Screening on their child. For this year, as we introduce Thrive into school, please let us know **IF YOU ARE HAPPY** for your child to be screened as part of the whole class screening by signing the form below.

In the future, we will be asking for this permission on entry to school. We will of course let you know of any concerns revealed by the screening and you will be fully consulted and involved in any follow-up activities. Sometimes it may be useful to share the results with other agencies, for example our Educational Psychologist or Behaviour Advisor, and of course we will ask your permission for this to happen.

We have two 'lead' members of staff (Mrs Brown and Mrs Filtness) delivering this approach across our school who are currently being trained to become licenced practitioners from April.

However all staff will receive training to support with the delivery of the Thrive programme.



We do hope that you will wish your child to benefit from this valuable resource, but please feel free to contact Mrs Brown if you have any queries. Already we have had a number of parents who have expressed an interest in their child being included in the Thrive programme.

Please find a leaflet attached that includes more information about the Thrive approach.

Kind Regards,

Mrs Brown and Mrs Filtress

I give/I do not give (please delete as appropriate) permission for my child/ren

_____ to be screened for the whole class approach to Thrive.

Signed _____

Date _____

As part of the Thrive approach we are setting up a Thrive room in the small group room upstairs. The Thrive room is used for 1:1 and small group work and gives children a calm, safe space in which to learn and flourish. To help us create a cosy and welcoming space we would be grateful of any donations of items listed below. Please let us know if you are able to help us out with any of the items so we do not end up with too many duplicates.

Thrive Room Wish List

- **Pop up tent/tunnel**
- **Rug**
- **Cushions/beanbags**
- **Exercise/fitness ball**
- **Small world toys/unwanted McDonald's toys**
- **Lego**
- **Good quality hand puppets**
- **Lava lamp**
- **Squidgy balls/stress balls/squidgy toys**
- **Shells, nice pebbles, pine cones, gems, natural tactile objects**

